

# Gail Sixsmith

Performance, Physical Theatre, Movement Specialist, Writer

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## SPECIALIST TRAINING - ongoing

**Rasaboxes** Paula Murray Cole & Janice Orlandi

**Alba Emoting (Level 1 Certification) & Feldenkrais** Dr Jessica Beck

**Laban** Tracy Collier

**Motion Capture Performance: Creating a Creature** Sarah Perry

**Body Weather: Body Meets Imagination** Frank Van de Ven

**Laban Summer School** - Bedford University

**Pleasure Lab** Yorgos Karamalegos

**Feldenkrais** Caroline Scott

**Suzuki Method** Ichiro Nakayama

**Classical Theatre, Myth and the Physical Performer** Zecora Ura Theatre

**R&D Woyzeck** Para Active / Zecora Ura Theatre

**5 Rhythms & Movement Medicine** Christian de Souza

**Skinner Release** Gaby Agis

**Hamlet Zar Workshops** Goosun Art-illery

**Ashtanga Yoga** Joey Miles, Sally Griffyn, Susanne Lahusan

**Yoga** Daniella Olds, Austeja Pozeraitė, Gabriella Ozi

**Tai Chi** Eric Tessier-Levigne

**Body Mind Centering, Laban, Cuban Salsa** Kerry Ribchester

**Capoeira - Brazilian Fighting Dance** Brazilian teachers & London School of Capoeira

**Shakespeare's Text** Cicily Berry & Rob Clare – RSC

**Singing and Voice** Helen Chadwick

**Renaissance & Elizabethan Dance** Sue Lefton

**Dance Theatre** DV8 Physical Theatre (Lloyd Newson)

**Physical Theatre** Theatre de Complicite

**Movement from the Gaulier School** Monica Pagneux

**Improvisation with Body & Voice** Nick Nuttens

**Choreographic Theatre** Enriche Pardo

**Mime & Movement & Dark Clown** Peta Lily

## Qualifications

**MA Screenwriting**

**BA Hons Expressive Arts:**

(Theatre & Visual Arts)

**Foundation in Fine Art**

## TEACHING & DIRECTING AT ARTS EDUCATIONAL SCHOOLS - (2007 - current)

I lead the Physical Practice training for **BA Acting** and **MA Acting**, Physical Theatre for **BA Musical Theatre**, and Movement for the **Acting Foundation** course at **Arts Educational**. I am also Acting Tutor on the Easter and Summer Schools at Arts Ed. In addition, I offer Movement support for Theatre and Film projects in the School of Acting.

### Contemporary Theatre Project (1st Yr BA Acting students at **Arts Educational**) - **Director**

Covering various texts; introducing students to non naturalistic performance styles and ensemble principles

**2016** - exploring texts by **Dennis Kelly & Martin Crimp**

**London** (Various writers) - excerpts from various scripts around the theme of **London**

**Dracula** (Lochhead)

**Alice in Wonderland** (Devised)

**Machine Wreckers** (Toller)

**La Ronde** (Schnitzler)

**Peer Gynt** (Ibsen)

**Marat Sade** (Weiss)

**Excerpts from:** Waiting for Godot (Beckett), The Man of Mode (Etherege), Medea (Euripides), Fontamara – a devised piece based on Ignazio Silone's novel about a rural community's real-life experience of the rise of Fascism.

**Excerpts from:** Woyzeck (Buchner), Endgame (Beckett), Messiah (Berkoff), Trojan Women (Euripides), The Trial (Berkoff / Kafka)

### Other Directing at Arts Ed

Up coming projects: Let the Right One In - **Movement Director** Autumn 2016

**Beauty and the Beast:** 3rd Yr Musical Theatre - **Movement Support** Spring 2016

**Table** (Ronder): 3rd Yr BA Acting - **Movement Coach** Autumn 2015

**Spring Awakening** (Reiss): 3rd Yr BA Acting students at Arts Ed - **Movement Support** Spring 2015

**Promise** (Barker): 3rd Yr BA Acting students at Arts Ed - **Movement Support** Autumn 2012

**Three Sisters** (Chekhov): 1st Yr BA Acting students at Arts Ed - **Director** Spring 2012

**The Seagull** (Chekhov): 1st Yr BA Acting students at Arts Ed - **Director** Spring 2011

## MOVEMENT LECTURER AT LONDON COLLEGE OF MUSIC (West London Uni) - (2016 - ongoing)

As of Autumn 2016 I will be heading up the Movement Curriculum on the BA Acting Course

## OTHER TEACHING EXPERIENCE

- **Met Film School** - Movement for Screen Actors 2014
- **Various Universities in China** (Macbeth) 2010
- **Central School of Speech and Drama** – MA Acting for Screen & MA Musical Theatre (Movement) 2007 - 2011
- **Redwood - Corporate Client** ('In Rapport' (with Kerry Ribchester)- Effective Communication in Business) 2007
- **Various Schools** in Dubai, Singapore, Kyoto & Tokyo, Japan (Macbeth / Romeo & Juliet) 2005 – 2007
- **Lesson One Language School** (Theatre Course for Actors from overseas) 2002
- **General Public and Actors** (Labyrinth – Greek Drama Project, Crete and London) 2003 - 2005
- **Royal Shakespeare Company** (Experimentation and Improvisation through Physical Disciplines) 2000
- **Royal Shakespeare Company** (Physical Theatre for Children) 1998 – 2000
- **Holborn Centre for Performing Arts** (Expression Through Movement -Foundation Course) 1995
- **Young Vic** – Summer School (Physical Theatre for Children) 1995
- **De Montford University** (Theatre Module) Might & Main 1990 - 2004
- **Brunel University** (Movement Module as part of Performing Arts Course) 1995
- **Oxford University** (Theatre Module) Might & Main 1990 - 2004
- **Middlesex Poly** (Devising Physical Theatre) Might & Main 1990 - 2004
- **Chester College** (Theatre Module) Might & Main 1990 – 2004
- **Various Mental Health Centers in Outer London** ((Physical Expression & Communication) Might & Main 1994
- **London Connection/Homeless Young People** (Devising Physical Theatre) Might & Main 1993
- **Various Schools in Outer London Boroughs** (Supported by LBGC) Might & Main 1990 - 2004

## THEATRE, FILM, PERFORMANCE & CREATIVE COLLABORATIONS

TV: BBC *Wolfblood* (Series 4) Movement Consultant 2015

Site Responsive Theatre: **Butterfly** (Dir: Aileen Gonsalves) *The Tempest* Actress playing Ariel Movement Director 2015

Short Film: (Dir: Wayne Yip) *Dark Clowns - a Surreal Black Comedy* Writer 2015

Theatre: ArtPromotion / TNT / *Peter Pan* Director 2015

Theatre: Finborough (Dir: Jane Jeffrey) *The Domino Heart* Movement Consultant 2014

Documentary Pilot: (Dir: Kerry Ribchester) *Money or your Soul (Cuban Dance)* Voice Over / Narration 2013

Theatre: TNT (Dir: Paul Stebbings) *Macbeth* Actress *Lady Macbeth, Witch, Son of Macduff* European Tour 2013

Film: (Collaboration with Composer Paul Flush) *Dark Matter - a story of Lady Macbeth* Creator / Director / Performer 2012

Sound Installation: (Artist / Creator: Alexa Wright, Canada) *Heartfelt* Voice Over 2011

Theatre: TNT (Dir: Paul Stebbings) *Macbeth Revival – China & Australia Tour* Actress (as above) 2010

Theatre: Courtyard Theatre / Think Tank / *Mistero Buffo* Actress / Collaborator playing *Mad Woman, Death, Holy Virgin* 2009

Documentary Film: ZK Studio (Dir: Konrad Szolasjski) *Good Morning Lenin* Poland Featuring as myself 2008

Site - Specific Dance Film: (Dir: Alex Rainford-Roberts) *Animus* Movement Dir / Collaborator 2008

Live Radio: Resonance fm / Holy Mountain (Dir: Boz Temple-Morris) *Crusty Pie* Actress playing *Belle* 2007

Theatre: TNT (Dir: Paul Stebbings) *Macbeth Revival* Actress (as above) *Asian & Central Americas Tour* 2006 - 2007

Live Radio: Resonance fm / Holy Mountain (Dir: Boz Temple-Morris) / *The Crazy Locomotive* Actress playing *Julia* 2006

Theatre: TNT (Dir: Paul Stebbings) *Romeo & Juliet* Actress playing *Nurse* *Asian / Middle Eastern Tour* 2005

Theatre: Coventry Belgrade (Dir: Miltos Yerolemou) *Rumpstiltskin* Movement Dir / Actress playing *Goblin Queen* 2004

Theatre: TNT (Dir: Paul Stebbings) *Macbeth* Actress (as above) *European / Asian Tour* 2000 / 2002

Performance: Noho Theatre Company (Akira Matsui) / *Sleep No More* Creator / Performer *Japan & London* 2001

Dance Research & Development: RSC / Sue Lefton / *Elizabethan Dance Project* Dancer 2000

Theatre Research & Development: Theatre Cryptic / *Electra* Actress & Collaborator 1999

Original Cast CD: RSC *The Lion The Witch & The Wardrobe* 1999

Original Cast DVD: RSC (Heritage Theatre Recordings) *The Winter's Tale* 1999

Theatre: RSC (Dir: Adrian Noble) *The Lion The Witch & The Wardrobe* Actress playing *Leopard & White Witch* 1998 - 99

Theatre: RSC (Dir: Greg Doran) *The Winter's Tale* Actress playing *Mopsa* and *Maid* 1998 - 99

Theatre: Manchester Royal Exchange (Dir: Greg Hersov / Emil Wolk) *Animal Crackers (Revival Tour)* Actress 1998

Theatre: Young Vic / Primitive Science (Dir: Marc Von Henning) *Vagabondage* Creative Producer 1997

Theatre Research & Development : Coventry Belgrade (Dir: Kathy Leahy) *Banshee* Actress / Creator 1997

TV: Brighter Pictures (Dir: Oliver Wright) *Bob Down – Music Video Box* Tina Turner Lookalike 1997

TV: Brighter Pictures (Dir: Oliver Wright) *Tabloid Tarts – Pilot* Presenter 1997

Site Specific Performance: Primitive Science (Dir: Marc Von Henning) *After the Hunt* Actress playing *Queen* 1997

Theatre: TNT (Dir: Paul Stebbings) *Lord of the Flies* Actress playing *Jack* 1996 - 97

Feature Film: High Time Productions (Dir: Marcus Thompson) *The Changeling* Actress playing *Inmate* 1996

Theatre: Talking Pictures (Lecoq) *Secrets of the City* Actress playing *Mrs Kill Crazy Rampage* 1996

Theatre: Manchester Royal Exchange (Dir: Greg Hersov / Emil Wolk) *Animal Crackers* Actress / Co Creator 1995

Theatre: Young Vic & BAC (Dir: Ruth Ben-Tovim) *The Counting of Years* Performer / Collaborator 1995

Theatre Research & Development: Helen Chadwick / Might & Main *Fontamara – A physical Opera* Co creator 1994

Theatre: Courtyard / Ragged Staff Theatre Company (Dir: Adam Edsall) / *Gods Or Vermin* 1993 Movement Dir 1993

Dance: Purcell Rooms (Choreographer: Kristina Page) *Eplium – Dance Theatre* Co Creator / Narrator 1992

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TV: BSB / Lynx II Dance Company (Dir: Kerry Ribchester) *Trem Daz Onza* Actress / Dancer playing *Prostitute* 1992  
Dance: Lillian Baylis Theatre (Dir: Kerry Ribchester) *Uma Noite Brasileira* Co Creator / Dancer 1990

## MIGHT & MAIN PRODUCTIONS (Founder and Co-Artistic Director) 1989 – 1994

Might and Main's devised shows evolved out of a rigorous training in the Poor tradition using very few resources and no technical aids and was at the cutting edge of new physical theatre in the early 90s. The productions were highly acclaimed and toured in the UK and in Eastern Europe attracting funding from the Arts Council, London Arts Board, LBGC and various regional and local Arts bodies. *Productions: Man of Straw, Sin, The Promise, The Visitation, Touched - Extraordinary Tales of Everyday Madness.*

## SCREEN WRITING

Feature Screenplay: *Foretold - Where Love and Fate Collide (Modern Day Greek Tragedy)* currently seeking Producers

Feature Screenplay: *Black Dog Running (Thriller)* in development

Feature Screenplay: *Darklands (Thriller)* in development

Feature Screenplay: *Eden's Child (Sci Fi Horror)* in development

TV Pilot: *Dead Weird (Black Comedy)* in development

Short Screenplay: *The Body (Black Comedy)* an accidental murder threatens to scupper a gangster's plans to change his life

Short Screenplay: *Money Bag (Drama)* a disenchanted waitress meets 2 runaway dancers and risks everything to help them

Short Screenplay: *The Stranger (Surreal Comedy)* an uninvited visitor is mistaken for an Angel

Short Screenplay: *Runaway (Black Comedy)* an illegal immigrant does a runner from a bungled heist with the diamond booty

Short Screenplay: *The Tenant (Surreal Comedy)* a stressed out Estate Agent is confronted with an imaginary tenant

Short Screenplay: *It's All Good (Comedy)* 3 reluctant female convicts are thrown together for rehabilitation in Parks & Gardens

Short Screenplay: *Night Shift (Thriller)* a Pizza Delivery girl stumbles into the scene of a murder, but all is not as it seems

## OTHER RELEVANT WORK EXPERIENCE

Co - Founder & Creative Director *Sacred Journeys* – Ashtanga Yoga and Transformational Retreats (Founded Jan 2004)

Duties: Creator of Ritual Transformational Bodywork processes / overall strategy of company vision / marketing / admin

Workshop / Course Leader – Greek Drama Project *World Spirit*, Crete (September 2002 & 2004)

Duties: Creative conception of course format and content / teaching / facilitating / promotion

Creative Producer / Arts Administrator *Primitive Science* (Young Vic 1997)

Duties: Production promotion & styling / marketing & publicity / casting / admin / press officer

Creative Producer / Arts Administrator *Might & Main* (Saddlers Wells 1989 – 95)

Duties: Production promotion & styling / marketing & publicity / casting / admin / fundraising / booking tours

"**Might & Main's** compelling new piece successfully matches naturalistic speech with expressionistic performance and is spring loaded with a barely controlled energy, taut precision and an inspired dramatic balance between minimal text and physical skill. The work is always imaginative and intelligent. Ironic, humorous and with great emotional intensity...the performances are faultless. Powerful". *Time Out (Touched - Critics Choice)*

## LINKS

### **Dark Matter - a symbolist take of Lady Macbeth's story (43 mins)**

A visual poem made in response to a 10 year relationship with Lady M on the international stage

[www.vimeo.com/gailsixsmith/darkmatter](http://www.vimeo.com/gailsixsmith/darkmatter)

password: Sixmacbeth1963

### **Dark Clowns - a surreal comedy of errors revenge tale (12 mins)**

Cheech and Chong are old school clowns and have been raised in the circus, but they suddenly find themselves in competition with the graceful double act called Asper; the changing face of new circus performance and with a giant following on twitter.

This was written as a vehicle for 3rd Year Film and Television undergraduates at Arts Ed

[www.vimeo.com/album/3445524](http://www.vimeo.com/album/3445524)

password: artsedfilm

### **Intimacy**

a Physical Practice module for 2nd Year undergraduates at Arts Ed

[www.vimeo.com/148080386](http://www.vimeo.com/148080386)

password: Intimacy